



CERTIFICATE OF PARTICIPATION

This is to certify that

Cindy Van Zyl

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 03:44:02

PACE 05:19/km
OVERALL 55 of 834

GENDER 11 of 271
SENIOR (20- 10 of 134
39)



08 July 2023, Sat

Date

BoutTime

Signature

